

We're out there!

In the East, we can be found at:

- Mondays at the Reconnect Hub, Durham City Centre
- Tuesdays at the Horden Together Warm Space, Horden Social Welfare Centre
- Wednesdays at Focus Easington, Welcome Centre Seaside Lane, Easington
- Thursday/Fridays at Horden Hub House, Seventh Street in Horden

People have said:

“Thank you for checking on me, it feels like you are the only one who actually cares and rings me.”

“I am so grateful you have contacted me as I feel so alone.”

To see how we can help...

For individuals seeking support...

- Call us on **0800 876 6887**, or drop-in and meet us at a local venue!
- We will find a suitable place to meet you, taking your needs into account
- We will seek to support you, or find the right support for you and help you to get back up and running to be the best as you can be.

For professionals...



Call us on **0800 8766887**



Email us at cddft.healthsquad@nhs.net



Formed as part of the



Our mission is to tackle and address Health Inequalities across County Durham!



To find out how we can help, look inside!

Or, to just get in touch, turn over!

How can we help?

We can support you to:

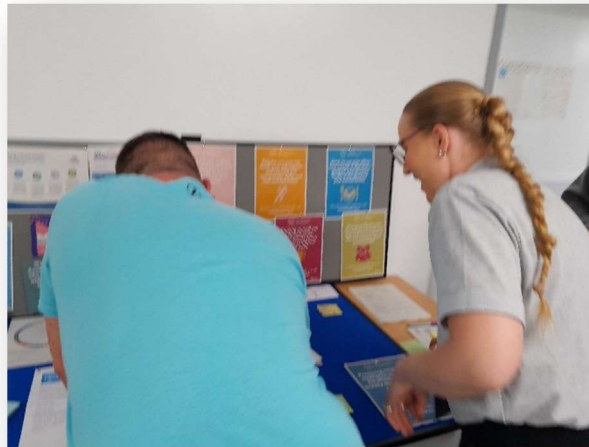
- Access healthcare services
- Get support from the right people
- Help you to stop smoking
- Refer you to the right teams
- Access sexual health support
- Take a health check, and make sure your body is working how it should

We can also help you get the right support, and make sure it works for you!

What will you get?

You will be allocated to a dedicated worker who will help you:

- **For however long it takes**
- **To access healthcare services**
- **To get the support you need**



Can we help you?

We will support anybody who is:

- Rough sleeping
- Sofa Surfing, or 'Hidden homeless'
- In supported accommodation
- Prison Leavers/Probation
- Vulnerable migrants, including:
 - Asylum Seekers
 - Gypsy Roma Travellers
 - Learning Disabilities
 - Refugees
 - Misusing alcohol
 - Vulnerable Minorities
 - Misusing substances
 - Severe Mental Health
 - Sex Workers
 - Veterans
 - Survivors of Abuse